Indo American Hospital, IAH is one of the leading hospitals in Kerala specialised in Neurosurgery and Neurology. Incepted in 1996 under the aegis of the Sahuleyan Charitable Foundation, the Indo-American Hospital, Brain and Spine Centre is a supreme blend of American Technologies coupled with Indian tradition of selfless service to humanity.

Born out of the vision of Dr. Kumar Bhuleyyan, an eminent Neuro Surgeon & Philanthropist, this Super Specialty Hospital has been providing all facilities as available in any of the finest hospitals in Europe or USA for highly specialized treatments of Brain and Spine over 22 years of existence.

Indo American Hospital has emerged as a center of medical excellence with medical specialties like Neurology, Neurosurgery, Endo Vascular Surgery, Neuro Radiology, Neuro Psychiatry, ENT, Neuro Rehabilitation, Physiotherapy and Pediatrics. At IAH, a multi-disciplinary team of talented medical professionals work round the clock to ensure complete, compassionate care of patients.

KALATHIL LAKE RESORT
Khalathil Lake Resort attached to IAH provides excellent facilities for international patients who wish to enjoy the benefits of world class treatment in God’s Own Country.
Dr. K Parameswaran  
Chief of Neurology & Senior Consultant Neurologist  
MD, DM (Neuro)  
MBBS - Govt. Medical College Kottayam (1994)  
MD in General Medicine - Govt. Medical College, Kottayam (1998)  
DM (Neurology) - SCTIMST, Trivandrum (2003)

Dr. A Krishnan  
Consultant Neurologist  
DM (Neuro)  
DM in Neurology - National Institute of Mental Health & Neuro Sciences (NIMHANS) Bangalore (2016)

Dr. Bobby Baby Panikulam  
Consultant Neurologist  
DNB (General Medicine), DM (Neuro)  
MBBS - Academy of Medical Sciences, Pariyaram, Kannur (2008).  
DNB General Medicine - Government Medical College, Trichur (2012)  

Dr. Kumar Bahuleyan  
Founder & Prof. Emeritus  
MD (USA), FACS, FRCS (Edin), FRCS (Glas)  
Dr. K. Bahuleyan did his MBBS from Govt. Medical College Madras in the year 1954 and did his FRCS (Edinburgh) and FRCS (Glasgow) in the year 1962 & 1964 from UK and he completed his MD from US. Dr. Bahuleyan was the first Neurosurgeon of the State of Kerala. He started as Asst. Professor of Neurological Surgery at Govt. Medical College, Trivandrum. He joined the Indian Defense Forces as its first Neurosurgeon in the year 1964. He later moved to Buffalo in New York State and worked as a Consultant Neurosurgeon and Asst. Professor of Neurosurgery till 1996. He started Indo American Hospital in the year 1996 and has been working as Senior Consultant Neurosurgeon and Professor Emeritus since then.

Dr. C. Anu Thomas  
Senior Consultant Neurosurgeon & Director of Spine Surgery  
M.Ch (Neurosurgery), MNAMS, DNB, MS (Ortho), D.O. Ortho  
MBBS - Govt. Medical College Calicut (1995)  
MS Ortho - Govt. Medical College Calicut (1999)  
M.Ch in Neurosurgery - Govt. Medical College Kottayam (2004)  
DNB - Govt. Medical College Kottayam
M.D. (Anaesthesiology) - Kasturba Medical College, Mangalore. (2012)

Dr. Jaser Mohammed Iqbal
Consultant Anaesthesiologist
MBBS

MBBS - PSG Institute of Medical Sciences & Research (2002)

Dr. Hema Rajesh
Medical Superintendent
MBBS

M.B.B.S - Govt. Medical College Kottayam (2005)
Diploma in PMR (DPMR) - Govt. Medical College, Thiruvananthapuram (2011)
MD in PMR - Govt. Medical College Thiruvananthapuram (2012)
DNB PMR - Govt. Medical College, Thiruvananthapuram (2013)
DCH - Govt. Medical College, Thiruvananthapuram (2015)

Dr. Sujith K. R
Physiatrist/Rehabilitation Physician / Paediatrician
M.B.B.S, DPMR, DCH, DNB MD (PMR), MNAS

MBBS - Rostov State Medical University, Russia (2006).
D.A (Diploma Anaesthesiology) - Jawaharlal Nehru Medical College Belgaum, Karnataka,
DNB (Anaesthesiology) - Lakeshore Hospital & Research Centre, Kochi

Dr. Marcose Winston
Consultant Anaesthesiologist
MBBS, DA, DNB

MBBS - Vardhaman Mahavir Medical College & Safdarjung Hospital Delhi
MS ENT - Safdarjung Hospital, Delhi (2017)

Dr. Nithun Abraham
Consultant ENT Surgeon
MBBS, MS ENT

Expertise with Us
Being the pioneers in this field, we have been rehabilitating:

- Spinal Cord Injury
- Stroke
- Brain Injury
- CP patients
- All Neuro Musculoskeletal Disabilities.
- Pain Clinic
- Speech Therapy Wing
- Paediatric Rehabilitation Wing

The department has a well equipped air conditioned therapeutic gymnasium

The College of Physiotherapy which gives training for Bachelor's and Masters degree in Physiotherapy with special emphasis in neuro physiotherapy.

The Indo American Hospital provides skilled physical, occupational and speech/language therapy services for adults and children with a range of neurological disorders. Our comprehensive treatment approach includes addressing the physical, emotional, and psychological components of each patient. Our team evaluates each patient focusing on movement patterns, strength, flexibility, functional ability, balance, and tone. Therapists work closely as a team with physicians, specialists and family members to adapt each treatment as patient progresses toward reaching each goal.
OUR SERVICES

NEUROLOGY
NEURO SURGERY
NEURO ANAESTHESIOLOGY
ENDOVASCULAR NEUROSURGERY / KEY HOLE SURGERY
NEUROPSYCHIATRY
NEURO REHABILITATION / PHYSIOTHERAPY
MRI, CT SCAN, DIGITAL X-RAY
24 X 7 RADIOLOGY SERVICES
24 X 7 EMERGENCY NEURO CARE
24 X 7 BLOOD BANK
24 X 7 AMBULANCE
IAH KALATHIL LAKE RESORT

SKIN & COSMETOLOGY

Dr. Merin Paul Pittappilil
Consultant Dermatologist & Cosmetologist
MBBS, MD (Dermatology), DNB (Dermatology)
FRDGHS (Cosmetic Dermatology)

MBBS - Amala Institute of Medical Sciences, Trichur (2010)
MD (Dermatology, Venereology & Leprosy) - Govt. Medical College, Kottayam (2013)
DNB (Dermatology) - (2014)
Post Doctoral Fellowship in cosmetic dermatology – Bangalore Medical College & Research Institute (2015)

Expertise with Us

- OPD- General dermatology and cosmetology
- Dermatological surgery
- Paediatric dermatology
- Acne and scar Treatment
- Pigmentation Treatment
- Dull skin Treatment
- Mole and Warts removal
- Anti- Ageing services including Botox and Fillers
- Facial Rejuvenation
- Hair Loss Treatment
- Nail disease treatment

BCF MEDICAL CENTRE

Indo American Hospital has started Skin and Cosmetology Department at BCF Medical Centre, Thevara, Ernakulam to provide excellent services in Medical Cosmetology & Dermatology. Comprehensive consultation and treatment is provided to patients covering all dermatological conditions. Enhance your image with best medical care.

The Skin & Cosmetology Clinic focuses on promoting skin health and well-being & offers an extensive range of therapies like Laser hair removal, Anti-aging solution, Skin rejuvenation, Scar revision, Mole excision and a variety of other therapies.

Thevara Ferry Road, Thevara, Kochi, Kerala, 682013
Appointments: +91 484 266 3373
**MEDICAL FACILITIES**

**NEUROLOGY**
- Nihon Kohden – 32 Channel Digital EEG
- Polysomnography (Sleep Study)
- Portable EEG
- Electromyogram
- Nerve Conduction Studies (NCS)
- Field Viewer

**ICU**
- PHILIPS Higher End Patient Monitor
- PHILIPS Central Monitoring System
- Maquet Ventilator
- Monal T60 Portable Ventilator
- Skanray Inventa Ventilator
- Covidien Puritan Bennett Ventilator
- Arterial Blood Gas Analyser (Radio Meter)

**OPERATION THEATRE**
- Ziehm Imaging Vision RFQ 3D
- Allen Advance Operation Table – Specialised for Spine Surgery
- Carl Zeiss Pentero 900- High End Surgical Microscope
- Stryker (Berchtold LED F Generation) Operation Theatre Lights
- Stryker Medical Grade Monitor
- Shimadzu Dosescope Pleno C-Arm DSA Enabled
- Anspatch and Medtronic – Pneumatic Drill System (Neuro)
- Medtronic – Electric Drill System
- Leksell – Stereotactic System
- Stryker Sonopen CUSA- Both Soft and Hard Tissue
- Codman – Intra Cranial Pressure Monitor
- DORO / Mayfield Head Clamp
- Aesculap & Lawton – High End Micro Instruments
- STORZ & Olympus – Neuro Endoscope
- Olive-ENT Endoscope
- Draeger & GE – Anaesthesia Workstations
- Nihon Kohden High end Monitor with Capnography

**RADIOLOGY**
- Siemens CT Scan
- Innova Sallent- CT Angiography
- Siemens MR 1.5 T
- Siemens DR
- Skanray Portable Xray
- Mammography Machine
- Colour Doppler

**CSSD – CENTRAL STERILE SUPPLY DEPARTMENT**
- Machine Fabric HPHV Steam Sterilizer
- Tuttner Washer Disinfector
- J&J Sterrad NX – Plasma Sterilisation
- ETO Sterilisation
- Flash Autoclave

**LAB**
- Fully Automatic Bio Chemistry Analyzer
- Semi Automatic Bio Chemistry Analyzer
- Medica Easylite Electrolytic Analyzer
- Horiba 3 – Part Haematology Analyzer

**ACADEMICS**

**BCF College of Physiotherapy**
BCF College of Physiotherapy was opened in the year 2009 offering the 4-year Bachelor’s degree in Physiotherapy awarded by Kerala State Medical University. It has now been recognized to train students for Master’s Degree with special emphasis on Neuro Physiotherapy, which facility is currently available only in very few centres in the State.

**BCF College of Nursing**
Best practices, compassion, and familiarity with advanced technology to create an unmatched culture of excellence in the treatment of Neuro patients. With this intention BCF started the 4-year Bachelor’s degree course in nursing in the year 2000. Each year 50 nursing students pass out of this college who would have gained specialised training in Neuro care and treatment, in theatre duties and ICU.

**DNB Neurosurgery Program**
Every year one candidate with a basic MBBS degree is selected by the National Board and allotted to the hospital for a 6-year rigorous residency program consisting of practical, theory, research and examination at the end of which they are awarded the post-graduate Dip. NB qualification in Neurosurgery by the National Board.
KALATHIL LAKE RESORT - A backwater resort built on the shores of Varkom Kayal (lake) a part of the large Vembanad Lake. The resort is located adjacent to Indo American Hospital. It has earned a niche position in the tourist map of Kerala as a serene luxury resort overlooking the backwaters situated in the temple town of Varkom.

Amenities:
- Swimming Pool, Gym, Yoga, Ayurvedic Treatments...
- Restaurant:
  - South Indian, North Indian, Chinese, Arabic & Continental food
- Facilities:
  - Boating, Cycling, Canoeing, Yachting
  - Jogging Track, Badminton, Fishing & more...

KALATHIL LAKE RESORT
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